

The Conscious Project

CO.LAB WORKSHOP
The Consious Project
 13 October
 6.30-8.30pm (2hrs)
www.petruc.co



A& Thinking question: What brings you here?

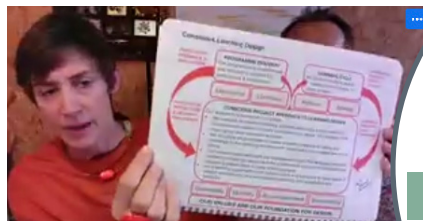
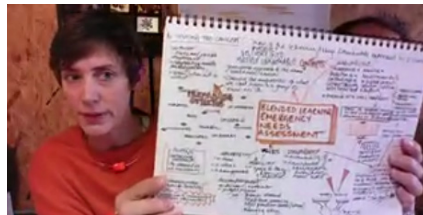
A& What project/s or ideas do you have in mind, ready to bring to life?

A& How do you get from where you are to where you want to be?

Nick Petrucco to Everyone

A& Well - I am inspired - so to the group in terms of choice, flexibility, generosity - what would you do if you could?

Facilitate + Reflect
 Re-thinking the way we work together, for good. **Think deeply about what you do.** Be ready to listen - be quiet for long enough so one can formulate their response.



Who are you going to meet on your journey?

How we create a path for ourselves

A metaphor of Resourcefulness

The sense of impermanence

This bridge is from Laos. When the river rises the bridge can go and a new bridge is constructed in its place.

We can all have the skill to overcome and build another bridge



Why the bridge became our logo

Where do we want our path to take us?

What obstacles are we to negotiate on?

What Challenges do we have to overcome?

Overcoming the gaps

Bridges have tolls
 Bridges are charged to be used

Connectors: what practices and processes can lead us to a co-active way?

What does it mean to manage upwards?
Acknowledgment creates clarity.
 We found courage.
 We embody and integrate values from the beginning.

**WE OFFER 3 KINDS OF SERVICES
 GOOD-CHEAP-FAST
 BUT YOU CAN PICK ONLY TWO**
GOOD & CHEAP WON'T BE FAST
FAST & GOOD WON'T BE CHEAP
CHEAP & FAST WON'T BE GOOD



The Conscious Project is a values-based organisation. Our values are Generosity, Humility, Accompaniment and Stewardship.

A& To describe accompaniment as a story, I like to think of going for a walk/hike with someone. If you're talking as you walk, nobody is up the front with a flag leading the way - you're side by side...

A& 3 things we've learned:
 1) A strong 'yes', a strong 'no'
 2) Choose to believe, every day
 3) Worthwhile work is always hard work!



www.theconsciousproject.org/our-story

Our role is to help you think about what you're doing, whatever context you find yourself in and whatever constraints you face.

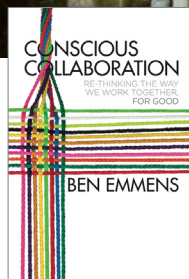
- + Values
- + Leadership Development
- + Coaching
- + Facilitation
- + Management Consulting

CHECK OUT BEN'S BOOK

Conscious Collaboration
 Re-thinking the way we work together, for good.
<https://www.theconsciousproject.org/book>



When you want to cross a river, you need to build a bridge.
 What's on the other side?
 What do you need to do get to where you want to be?
 Maybe it's time to build a better bridge?



Check out Ben + Abi's website to find out more.

The Conscious Project brings together 'thinking people' who are part of a growing movement of individuals seeking to do business differently. People who are committed to working ethically, and who have a deep respect for the environment and for life. **In other words 'conscious' people.**